

Suicide and Older Adults - Resources

Help in a Crisis

- Crisis Text Line text HOME to 741741
 - Crisis Hotline 877.695.6333 (24/7/365)
 - National Suicide Prevention Lifeline 1.800.273.8255
 - Deaf/Hard of Hearing 1.800.799.4889
 - Mental Health Recovery Board serving Warren & Clinton Counties-list of service providers & resources www.mhrbwcc.org
 - Talbert House Outpatient Services \
- Lebanon 513.932.433
Franklin 513.723.0883
Wilmington 937.414.2016

Resources for Older Adults

- **AARP Foundation Connect2Affect** Local assistance directory, virtual/in person social activities, wellness opportunities, community support & resources <https://connect2affect>
- **Eldercare Locator** (US Administration on Aging)- local support services such as meals, home care, transportation, caregiver education & respite; <https://eldercare.acl.gov/Public/Index.aspx> or 1.800.677.1116
- **Increased Access to MH Care for Older Adults: Getting Support during COVID-19 Suicide Prevention Resource Center**, <http://www.sprc.org/resources-programs/increased-access-mental-health-care-older-adults-getting-support-during-covid-19>
- **Institute on Aging** (60+)-24 hr toll-free Friendship Line; also makes outreach calls to elderly 800.971.0016
- Problem Gambling of Ohio “OH Get Set Before You Bet” - Seniors Tool Kit toolkit@beforeyoubet.org
- Selected SAMHSA Suicide Prevention Resources:
<http://www.samhsa.gov/prevention/suicide.aspx>
 - OLDER AMERICANS BEHAVIORAL HEALTH; Issue Brief 4: Preventing Suicide in Older Adults (2012) www.samhsa.gov
 - Center for Mental Health Services. *Promoting emotional health and preventing suicide: A toolkit for senior living communities*. HHS Publication No. SMA 4515, CMHS-NSPL-0197. Rockville, MD: Substance Abuse and Mental Health Services Administration, 2011.

<http://store.samhsa.gov/product/Promoting-Emotional-Health-and-Preventing-Suicide/SMA10-4515>

- **Senior Corps**- network of volunteer opportunities for adults age 55+
<https://www.nationalservice.gov/programs/senior-corps>

Articles

- Karlin Bradley E., PhD, "Suicide in Late Life; Unique Factors and Enduring Treatment Gaps", <http://www.sprc.org/news/suicide-late-life-unique-factors-enduring-treatment-gaps>
- "Senior Suicides are increasing in NE OH", wcpn.ideastream.org, Melanie Harris Taylor Dec.2019; Anna Huntsman, March, 13, 2020, July 7, 2020
- Simon, Scott, "Isolated and Struggling, Many Seniors are Turning to Suicide"; July 27, 2019 www.npr.org
- Suicide Prevention Resource Center, "Reducing Loneliness and Social Isolation Among Older Adults" & other resources <http://www.sprc.org>
- Surface, David, "High Risk Recreation: Problem gambling in Older Adults"; Social Work Today vol 9, no 2. socialworktoday.com/archive/031109p18.shtml